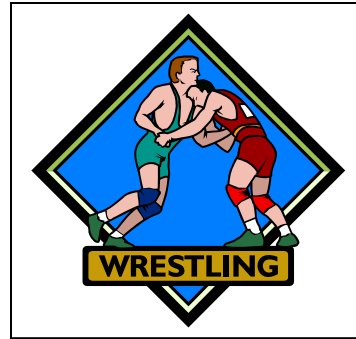


**REGION III TOURNAMENT BYLAWS
WRESTLING
Last Revised: February 2010**



ARTICLE X: BYLAWS

Section 1: Governing Rules

Wrestling competition in Region III will follow the guidelines established by the National Federation of State High Schools Association Wrestling Rule Book and all applicable rules and regulations established by ASAA and Region III.

Section 2: Classification

Beginning in 2009, there will be two Fall Tournaments.

a. The 4A Northern Lights Conference Tournament consists of these teams:
Colony, Palmer, Wasilla, Kodiak, Homer, Kenai, Skyview & Soldotna
There will be six berths to state from each weight class.

b. There are two (1A, 2A, 3A) Fall Tournaments:
Kachemak/Denali Conference includes: Cordova, Delta, Eielson, Galena, Glennallen, Hutchison, Kenny Lake, Nenana, Slana, Tok, Valdez, ACS, Cook Inlet Academy, Grace Christian, Nikiski, Ninilchik, Seldovia, Seward and Voznesenka.
Kachemak/Denali Conference tournament is allowed five berths to state per weight class.

Section 3: Weigh-in Limits

A maximum of 24 individual weigh-ins, exclusive of forfeits by opponents, exclusive of district or regional tournaments are allowed. A wrestler may receive a certified weigh-in at a contest if his/her school is included in the contest. The competitors must weigh in and the weight wrestled must be recorded as the qualifying weight class of the heaviest wrestler (eg. one boy may not receive credit for wrestling at 125 pounds while his opponent qualifies at 130 pounds.) A wrestler may not weigh in more than one weight class above the weight certification without re-certifying at a higher weight. Any match wrestled during the varsity (first team) contest is considered varsity. Any match wrestled during the junior varsity (second team) contest is considered junior varsity. Any other match wrestled is considered exhibition. All matches on all levels must be recorded on the Region III tournament record submission forms. All matches are considered for seeding purposes. An unblemished junior varsity or exhibition record will not receive as much attention as an outstanding varsity record. **No weigh-ins or matches will be allowed during the week of the regional tournament.**

Section 4: Tournament Entries

1. In the NLC, each team will be allowed to enter two wrestlers per weight class and each one will score team points.
2. In the Kachemak and Denali Conferences, each team will be allowed to enter three wrestlers per weight class, but only the wrestler from each team who has earned the most points for that team per weight class will be the one who scores team points.
3. Complete records, reflecting all matches wrestled on all levels, certified as accurate by the school administrator or athletic director, will be submitted for each wrestler entered. Region III approved forms (see attached) will be utilized and submitted so as to be received by the tournament director no later than one day prior to the pre-seeding meeting. Express mail service or FAX is recommended. The following information must be included when records are submitted:
 - a. The level of competition (varsity, JV, or exhibition)
 - b. The opponent's name and school.
 - c. The exact final score.
 - d. An indication of who won the match.
 - e. The weight class at which the match was wrestled.
 - f. The date and location of the match.
4. Once the wrestler is designated as an entrant in a specific weight class, he cannot be moved to a different weight; however, if he is withdrawn, he may be replaced. If the withdrawn wrestler is a seeded competitor, the weight class will be reseeded.
5. Schools failing to comply with the record submission timeline or requirements for specific information will be reported to the Region III President. It will be tournament director's responsibility to report violations.

Section 5: Board of Control

A tournament Board of Control shall be chosen for each Region III sponsored event that shall consist of three individuals who have sufficient knowledge of the sport to make educated and fair decisions when necessary. It is recommended that one Board of Control member represent the school that will host the tournament during the following year. In the event of a dispute, the tournament Board of Control's decision will be final.

Section 6: Tournament Officials

The tournament director shall select the officials for the conference tournament in the following manner:

1. Effort should be made to provide representation from all geographic regions of the schools participating. Compensation for officials will consist of an increase of

\$10.00 over regular season pay, per diem at a rate of \$35.00 a day, travel expenses not to exceed the IRS stated amount and housing accommodations.

2. Each head coach will submit to the tournament director three names of officials who they feel should officiate the championship matches. The top three officials receiving votes will work the championship matches. In case of a tie, there will be a run-off vote for the third official by all the coaches.

Section 7: Tournament Seeding

1. The Tournament Director and the Board of Control shall seed all participants prior to the coaches meeting. The following criteria in this prioritized order will be considered in seeding:

- a. Results of head-to-head competition this year.
- b. Record against common opponents.
- c. Contestant with an exceptional record against acknowledged strong opposition.
- d. Returning state champion or runner-up in any weight class.
- e. Returning state-placed winner in any weight class.
- f. Contestant with the best overall varsity record in the weight class in which they are competing at the regional tournament.

2. All wrestlers will be considered for seeding with a maximum of six (and seven in special cases) in each weight class being seeded.

3. The pre-seeding will be revealed and explained at the coaches meeting. The Tournament Director will conduct the meeting and allow for a limited amount of discussion. In the event of a lack of consensus by coaches, the Board of Control shall have the final decision on any seeding determination. Unseeded wrestlers and byes will be drawn by the Board of Control once seeded wrestlers are determined.

4. Only one representative (coach) may participate and speak at the coaches seeding meeting.

Section 8: Weigh-in Procedures

1. If a wrestler cannot make weight during the designated weigh-in periods, he is disqualified and his match is recorded as a bye. He may not be replaced, and the weight class is not reseeded.

2. A physician should be present at weigh-ins, and each athlete will be examined. Any observations of fungus, sores, or other potentially contagious skin disorders will be noted and a recommendation made to the Board of

Control which will make the final decision. Any wrestler disqualified for medical reasons may not be replaced, and the weight class is not reseeded. The physician on site will be considered the official physician.

Section 9: Tournament Procedures

1. Tournaments will utilize the 16-man bracket when *9-16 wrestlers are entered in a weight class. An 8-man bracket will be used when eight or less wrestlers are entered in a weight class.* In the event that a weight class has more than 16 entries, 32-man bracket will be used for that weight class only.
2. Rounds 5 & 6 will be held simultaneously on separate mats.
3. When athletes from the same school meet, the winner automatically receives pin points (2).
4. An alternate will be determined for each weight class in the case that extenuating circumstances prevent a qualified wrestler from attending the State Championships. That alternate will be determined as follows: "Following the consolation semifinals, a coaches meeting will be held at which the losers of the consolation quarterfinals will be compared at each weight class. If consensus on an alternate cannot be reached, there will be a wrestle off between those two wrestlers during the fifth place matches."

Section 10: Tournament Awards

Tournament trophies will include plaques for the first place team, the outstanding wrestler and coach of the Year as chosen by the coaches and turned in before the finals begin. Medals will be awarded to all wrestlers that have earned a state berth. A "Good Sport Team" will be chosen as follows: At the coaches meeting, each coach will select one athlete on the team who displayed good sportsmanship throughout the entire season. These athletes will be recognized at the awards ceremony with a special medal.

Section 11: State Tournament Seeding

A designated seeding representative will be selected by ASAA to help with the seeding at the state competition.